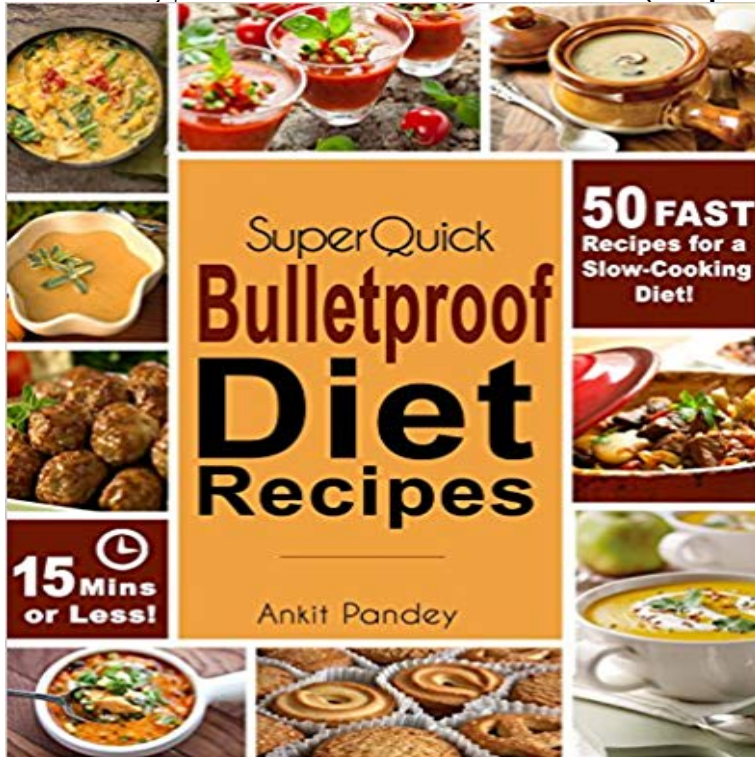


## Super Quick Bulletproof Diet Recipes: 50 Fast Recipes for a Slow Cooking Diet- 15 Mins or Less! (Super Quick Bulletproof!)



From the Amazon #1 Bestselling author of The Unbelievably Ketogenic Cookbook.. Burgers, Brownies, Frittata, Kebabs and even Wraps!- ALL Your Favourites, NOW BULLETPROOF! Got my copy & Gifted another ..the best Bulletproof cookbook this year!- Nicole S. K. (On facebook) Unbelievably Bulletproof! -thats what he should call it! I love Ankits books!- Chin H. (On facebook) They say, Meals for the bulletproof diet need to be Slow-Cooked? NOT ANY MORE! Here are 50 EPIC Bulletproof Diet Recipes that take 15 MINS OR LESS! YOU do not need to give up on your favourites -Burgers, Wraps Brownies ect.. NOR would you need to worry about Bulletproof Soups, Salads, Coffee and the likes Super Quick Bulletproof takes care of everything for you! If youre tired of scouring the web, magazines and newspapers for FAST Bulletproof recipes, Super Quick Bulletproof is the answer! ALL recipes need a prep time of 15 MINS OR LESS NOW YOU CAN enjoy your BULLETPROOF favourites in Minutes! These 50 Recipes are so Sinfully Yummy, Nobodyll Believe theyre Bulletproof! Here are some of the most AMAZING BULLETPROOF Recipes thatll get you salivating right now! Take a LOOK: Raw Avocado Brownies Succulent Lamb with Sweet Potato Fries Salmon Lettuce Wraps Steamed Haddock with Aromatic Bok Choy The Salad Lovers Delight: Smoked Salmon Salad Shaved Asparagus Salad Quick Caesar Salad Asian Rainbow Salad Asian Beef Steaks with Carrot and Almond Salad and LOTS more! Super Healthy & Super Yummy Soups: Green Gazpacho Soup Cold Avocado Soup Cream of spinach Soup with Avocado and Egg Raw Butternut Squash Soup with Crisp Bacon and LOTS more! And Tons of Mouth Watering Recipes: Quick Beef Burgers Salmon Lettuce Wraps Herbed Cauliflower mash with Grilled Beef Beef steak with

Aromatic Butter Fennel Grapefruit Salad with Ginger Broiled Salmon Pan Fried Salmon with Warm Spinach and Strawberry Salad and LOTS more! I bet, you couldn't go through all of these recipes without getting hungry! Not only are these recipes incredibly delicious, each one of them has handy details like prep-time, number of servings etc. to make the cooking as easy as it gets! In fact, here is what an expert chef had to say about these recipes: Bulletproof Diet gets a spin! Every recipe is wonderfully planned and each one is worth the cost of this book many times over! Mika. (Published Author & Chef) Okay that's enough, All Looking and No Cooking makes Jack a hungry boy! Go On, Grab Your Copy and Get Cooking!

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