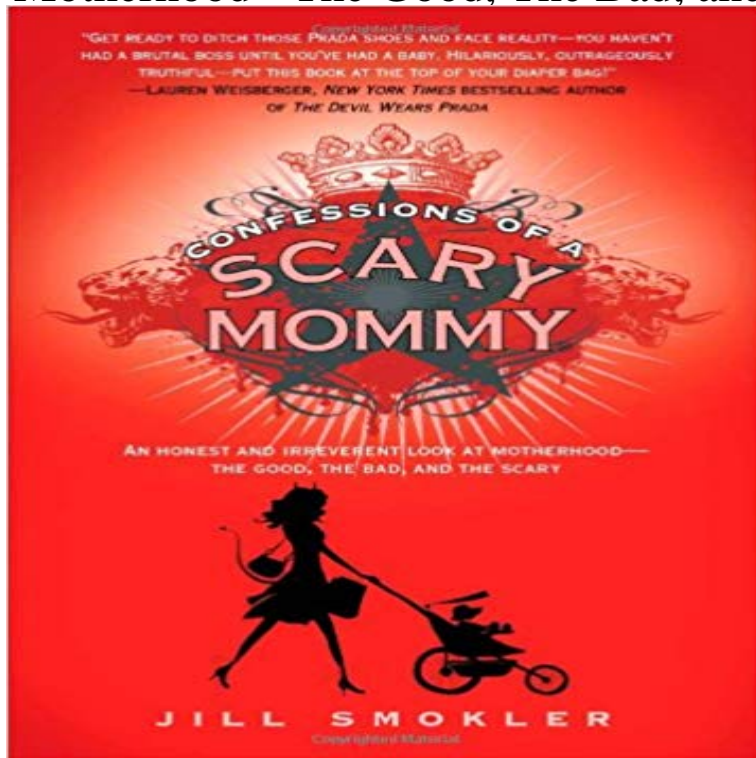


# Confessions of a Scary Mommy: An Honest and Irreverent Look at Motherhood - The Good, The Bad, and the Scary



Based on the hugely popular website, ScaryMommy.com, Confessions of a Scary Mommy digs deep into the underbelly of parenting and tackles the issues many mothers are too afraid to expose. Sometimes I just let my children fall asleep in front of the TV. In a culture that idealizes motherhood, its scary to confess that, in your house, being a mother is beautiful and dirty and joyful and frustrating all at once. Admitting that its not easy doesnt make you a bad mom; at least, it shouldnt. If I cant survive my daughter as a toddler, how the hell am I going to get through the teenage years? When Jill Smokler was first home with her small children, she thought her blog would be something to keep friends and family updated. To her surprise, she hit a chord in the hearts of mothers everywhere. I end up doing my sons homework. Its wrong, but so much easier. Total strangers were contributing their views on that strange reality called motherhood. As other women shared their stories, Jill realized she wasnt alone in her feelings of exhaustion and imperfection. My eighteen month old still cant say Mommy but used the word shit in perfect context. But she sensed her readers were still holding back, so decided to start an anonymous confessional, a place where real moms could leave their most honest thoughts without fearing condemnation. I pretend to be happy but I cry every night in the shower. The reactions were amazing: some sad, some pee-in-your-pants funny, some brutally honest. But they were real, not a commercial glamorization. I clock out of motherhood at 8 P.M. and hide in the basement with my laptop and a beer. If youre already a fan, lock the bathroom door on your whining kids, run a bubble bath, and settle in. If youve not encountered Scary Mommy before, break out a glass of champagne as well, because youll be toasting your initiation into a select club. I know why some animals eat

their young. In chapters that cover husbands (The Biggest Baby of Them All) to homework (Didnt I Already Graduate?), Confessions of a Scary Mommy combines all-new essays from Jill with the best of the anonymous confessions. Sometimes I wish my son was still littlethen I hear kids screaming at the store. As Jill says, We like to paint motherhood as picture perfect. A newborn peacefully resting on his mothers chest. A toddler taking tentative first steps into his mothers loving arms. A mother fluffing her daughters prom dress. These moments are indeed miraculous and joyful; they can also be few and far between. Of course you adore your kids. Of course you would lay down your life for them. But be honest now: Have you ever wondered what possessed you to sign up for the job of motherhood? STOP! DO NOT OPEN THIS BOOK UNTIL YOU RECITE THESE VOWS! I shall remember that no mother is perfect and my children will thrive because, and sometimes even in spite, of me. I shall not preach to a fellow mother who has not asked my opinion. Its none of my damn business. I shall maintain a sense of humor about all things motherhood.

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