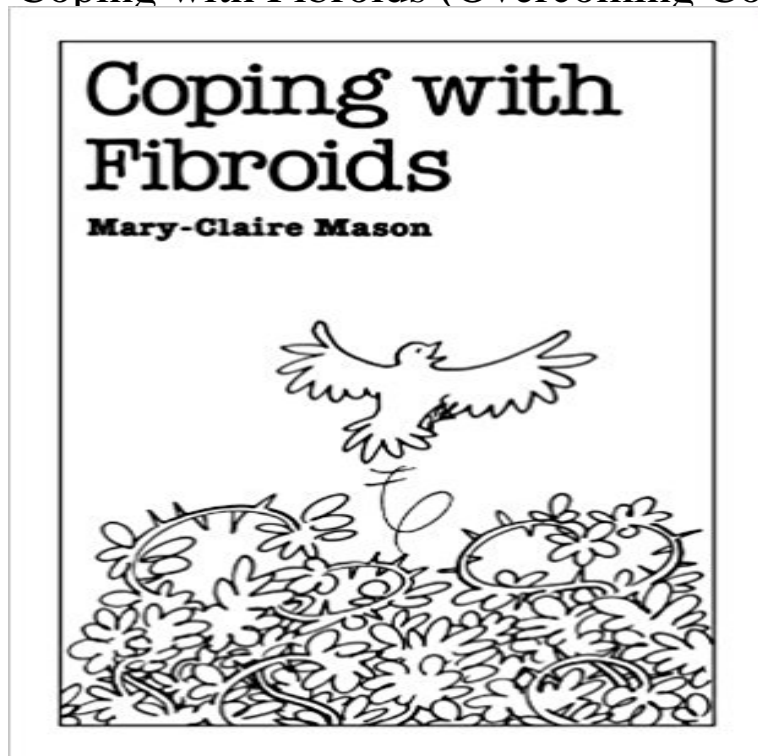


## Coping with Fibroids (Overcoming Common Problems Series)



A guide to one of the most common health problems for women. Fibroids are bundles of fibrous tissue which can grow in the muscle of the womb. Many women find it difficult to talk to their doctor about the menstrual problems these cause, and this book suggests ways of overcoming embarrassment and keeping objective records. There is practical advice about how to cope with the symptoms, and explanations of what fibroids are and why they happen. Mary-Claire Mason outlines diagnosis and the tests involved, and explains all the treatment options, including hysterectomy.

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