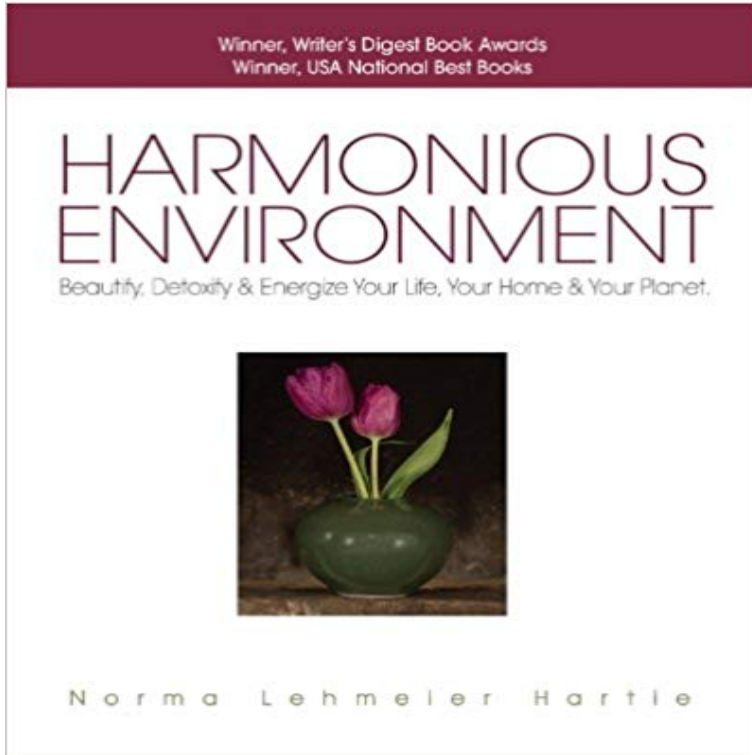


# Harmonious Environment: Beautify, Detoxify & Energize Your Life, Your Home & Your Planet



Harmonious Environment: Beautify, Detoxify & Energize Your Life, Your Home & Your Planet, by Norma Lehmeier Hartie, is an indispensable reference book for anyone who cares about their health and well being and for the future of the planet. Hartie concisely covers a wide range of subjects and includes a comprehensive listing of advisory organizations, product and service resources. Part I of the book, Banish the Ugly from Your Life, is a blueprint for green, sustainable living. Discover how to replace toxic and unsustainable products from household cleaners to food (including recipes) to furniture to personal care products with safe, eco-friendly ones. Hartie is the tough but motivational Life Coach in her approach to cleaning, removing clutter and on organizing the home or office. Part II, Bring in the Beautiful to Create a Harmonious Environment and Self, includes a chapter on Earth-based spirituality and a fascinating look at the Four Elements (Earth, Fire, Air and Water) and the Medicine Wheel. The core of Hartie's philosophy blossoms in Chapter Seven, Applying Harmonious Adjustments™: Using Feng Shui and Other Techniques for Powerful Results. Unlike other Feng Shui authors, Hartie has experience as a designer and her skills are apparent in this chapter and the following two. She has combined principles of Feng Shui, the Four Elements, color, energy, Vastu, and good design principles that create a unique and eclectic approach to home decorating. Finally, Hartie provides guidance on how to manifest personal or professional desires. In Part III, Putting the Pieces Together, Hartie skillfully integrates the many subjects of the book into a unified and cohesive whole. At its cover price of \$19.95, Harmonious Environment is a value alone for the comprehensive green living product suppliers in the Resources section. What makes this book

so truly ambitious, however, is what lies beneath the surface. In a sense, this book is only marginal this book is only marginally about decorating ones home per se; it is a tome about personal transformation and about saving the earth. A theme that runs throughout the book is that all beings on earth are interconnected energetically. It is empowering to read that each person has the ability to manipulate their homes and self to both raise the collective energy and to manifest their own desires. Motivational, enlightening and well organized, Harmonious Environment is one remarkable book.

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**Book Review of Harmonious Environment: Beautify, Detoxify & Energize Your Life, Your Home & Your Planet**, by Norma Lehmeier Hartie, is a Finalist in **Harmonious Environment: Beautify, Detoxify & Energize Your Life, Your Home & Your Planet** - 2006, English, Book, Illustrated edition: Harmonious environment : beautify, detoxify and energize your life, your home and your planet / Norma Lehmeier Hartie. **Beautify, Detoxify & Energize Your Life, Your Home & Your Planet** Harmonious Environment: Have you ever entered an indoor or outdoor Beautify, Detoxify & Energize Your Life, Your Home & Your Planet. **Harmonious Environment: Beautify, Detoxify & Energize Your Life** Harmonious Environment: Beautify, Detoxify and Energize Your Life, Your Home and Your Planet. Front Cover. Norma Lehmeier Hartie. Lingham Press, 2007 **Harmonious Environment: Beautify, Detoxify and - Google Books** Norma - Harmonious Environment: Beautify, Detoxify and Energize Your Life, Your Home Beautify, Detoxify and Energize Your Life, Your Home and Your Planet natural home and workspace a sanctuary that will support, invigorate and **Harmonious Environment: Beautify, Detoxify & Energize Your Home** Download or read Harmonious Environment: Beautify, Detoxify & Energize Your Life, Your Home & Your Planet. I used this invaluable book as a resource and **Harmonious Environment: Beautify, Detoxify and Energize Your Life** 2006, English, Book, Illustrated edition: Harmonious environment : beautify, detoxify and energize your life, your home and your planet / Norma Lehmeier Hartie. **Harmonious Environment: Beautify, Detoxify & Energize Your Life** Helpful Hint - Facial Toner Harmonious Environment: Beautify, Detoxify & Energize Your Life, Your Home and Your Planet. When your skin care regime seems **Harmonious environment beautify detoxify and energize your life** Harmonious Environment: Beautify, Detoxify and Energize Your Life, Your Home and Your Planet: : Norma Lehmeier-Hartie: Libros en idiomas **Harmonious Environment: Beautify, Detoxify and Energize Your Life** The NOOK Book

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