

Straight from the eastern shores of the Mediterranean, chef and creator of the first farmers market in Beirut, Kamal Mouzawak brings you healthy and inspiring dishes, featuring classic Lebanese ingredients. From one of the regions most rich and diverse cultures, learn to make food, not war. Lebanese Home Cooking is a mouthwatering cookbook that teaches traditional Lebanese home cooking with regional and religious variation. You won't find these authentic recipes in many Middle-Eastern restaurants! With over 50 gorgeous recipes including kebbeh, mehsheh, tabikh, mujadara, and mouaaanat, you'll have amazing and exciting homecooked meals in no time. To me, the Souk is the epitome of what it means to have guts. Despite bombings and unrest in their city, the market continues to not just function, but to flourish - celebrating culture, cuisine and agriculture. Its very existence is as an act of resistance against sectarian violence. - Rene Redzepi Lebanese culture served on a plate. CNN If I was surprised, it was at what Kamal is doing at Souk el Tayeb, bringing cooks from different social, political and regional sectors. - Chef Anthony Bourdain

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