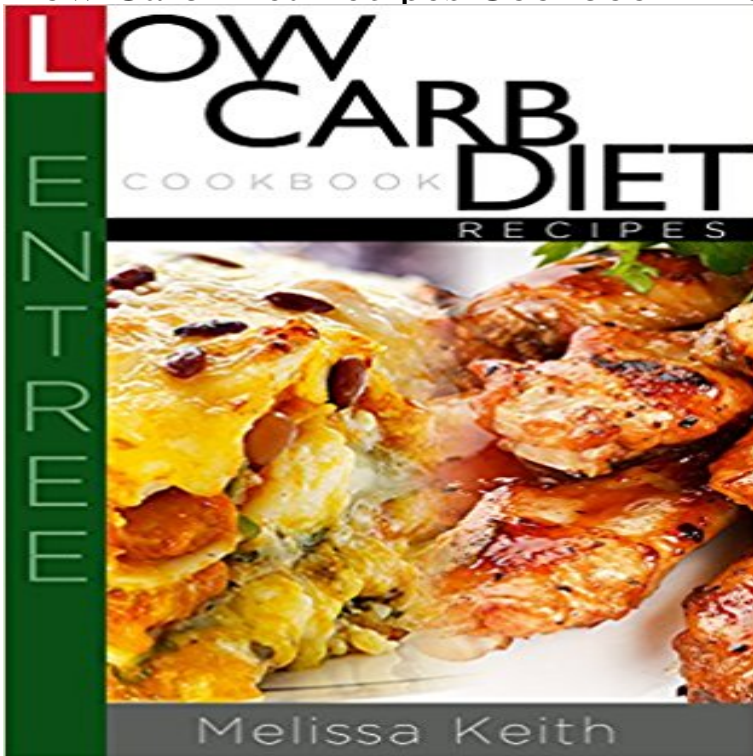


Low Carb Diet Recipes Cookbook-Entree



Low Carb Diet Recipes Cookbook-Entree Before you purchase please preview Low Carb Diet Recipes Cookbook-Collection. This huge recipe book contains over 300 recipes from the entire Low Carb Diet Recipes Cookbook Series at a remarkably low price. This is our best value on Amazon! Low Carb Diet Recipes Cookbook contains: Delicious, nutritious, low carbohydrate recipes A complete list of ingredients including measures and weights Detailed step-by-step directions for each meals preparation Complete preparation times for each recipe Complete nutrition breakdown for each recipe Here is a quick breakdown of each Low Carb Diet Recipes Cookbooks. Low Carb Diet Recipes Cookbook-Breakfast (25 Recipes) Low Carb Diet Recipes Cookbook-Salad (69 Recipes) Low Carb Diet Recipes Cookbook-Side (47 Recipes) Low Carb Diet Recipes Cookbook-Entree (99 Recipes) Low Carb Diet Recipes Cookbook-Dessert (71 Recipes) Low Carb Diet Recipes Cookbook-Collection (302 Recipes) How the Low Carb Diet Recipes Cookbook Series was created. When my husband was diagnosed with pre diabetes in 2007 we decided to attack that diagnosis with a low carb diet and exercise. Over the next several years I compiled many low carb, recipes for us to use. The recipes became so numerous that I couldnt keep track of them. I decided to put them all into book format, broken down by the different meals of the day. The end result of this effort is Low Carb Diet Recipes Cookbook Series.

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