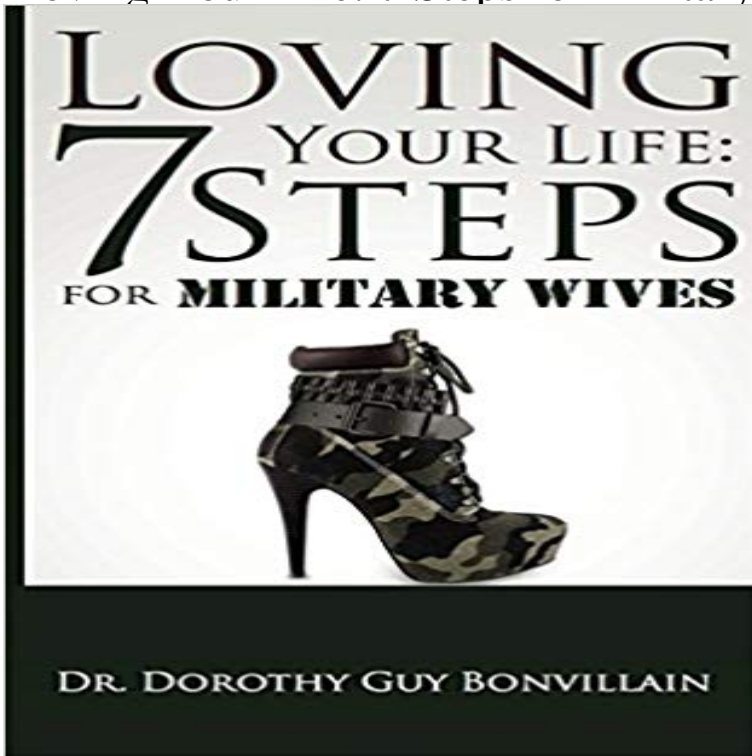


## Loving Your Life: 7 Steps for Military Wives



The military does not issue a Manual for Success to spouses who enter a military lifestyle. #MILSO This book fills that gap.

Having served 43 years as a military wife, Dr. Dorothy speaks from her heart and offers a voice of wisdom to all who desire to become more and do more. These seven proven steps will prepare you for days when you feel second-best to the mission and provide you tools to help you manage the PCS process, balance your personal and professional life, and shorten your learning curve. This success roadmap will guide you out of the chaos of living in survival mode to a new level of awareness that will help you achieve your highest potential.

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