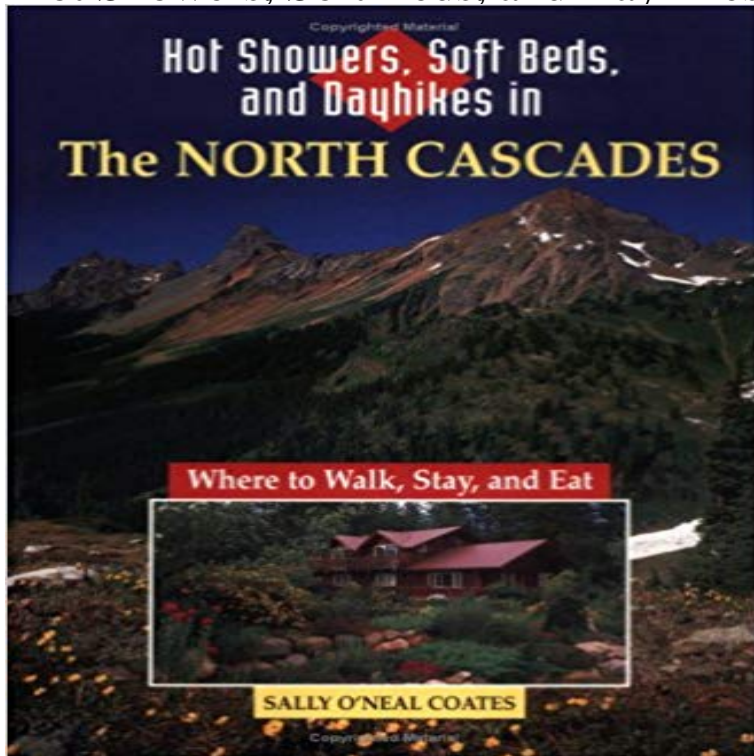


Hot Showers, Soft Beds, and Dayhikes in the North Cascades



This is the ideal book for hikers who prefer to start the day with a good breakfast and end the day with a hot shower. Sally O'Neal Coates shows you where to trek in this land of waterfalls and snowcapped peaks and where to slumber and feast in rustic cabins or charmed B & Bs. The hikes offer something for every outdoor explorer from short level strolls and nature walks to exhilarating all-day adventures.

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