

## Dark and Scary Things: A Sensitives Guide to the Paranormal World



Knowledge is power, something that is essential for anyone delving into the world of the paranormal. Dark and Scary Things flings open the door, allowing you to take a long look at the monster in the closet. Growing up as a sensitive, Joni Mayhan was terrified of the dark and scary things that lurked at the edges of her existence. Over the years, she learned more about the things that scared her. In this book she explores the paranormal world, answering some of the age-old questions that have mystified us for years, while providing people with metaphysical abilities a guideline on how to survive in a world filled with shadows. Have you ever wondered if you have a sixth sense? Explore the various Clair abilities, while learning how each ability works. Do your ears ever ring for no apparent reason? Do you sometimes become suddenly nauseated? Are you a ghost magnet? Many of the signs of metaphysical abilities are subtle. When I first came into my gifts, I had nowhere to turn and found the process terrifying. Through time and research, I learned that having a metaphysical ability can actually be a blessing if you know how to use it and keep yourself protected in the process. Learn about the invisible world around us as we cover many of the topics that shape our existence as sensitives and mediums. What is a ghost? Can pets become ghosts? What happens when we die? Do I have a sixth sense? How can I keep myself protected? Can my Spirit Guide help me? How can I activate my Chakras? How can raising my vibration help keep me protected? What is Astral Projection and Remote Viewing? How do I get the dead to talk to me? ...and many more. Taken directly from her Paranormal 101 Class notes and her book Ghostly Defenses, Dark and Scary Things is filled with stories and information that will leave you with a better knowledge of the paranormal world around you.

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