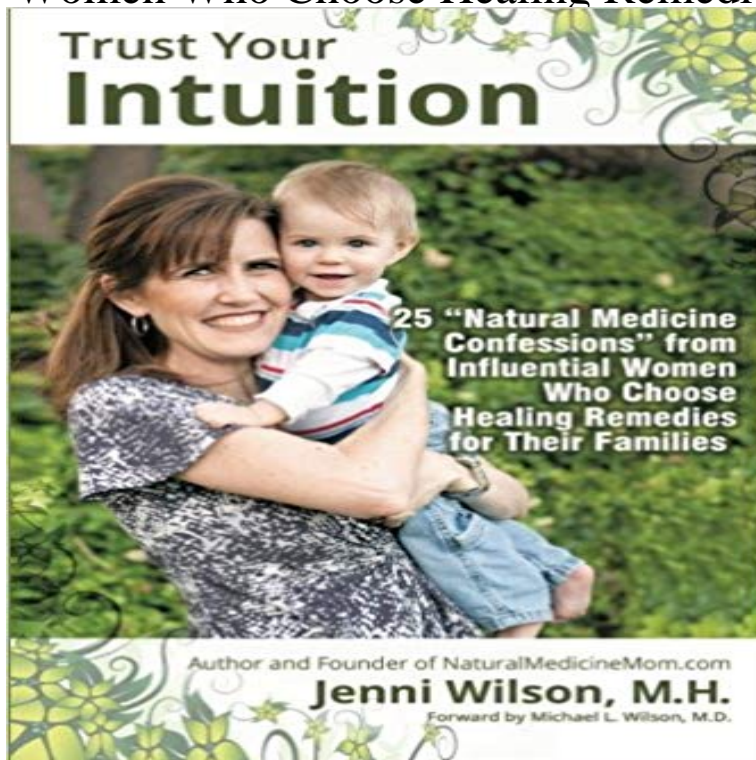


# Trust Your Intuition: 25 Natural Medicine Confessions From Influential Women Who Choose Healing Remedies for Their Families



Read True Life Stories from 25 Prominent Women and... Discover why they stopped depending on conventional medicine. Get their recipes for natural home remedies. Learn tips on avoiding drugs and the doctor's office! Feel more confident in home doctoring. Be inspired to try more home remedies that work! This tremendous resource will shift your paradigm about healthcare. It's simple, eye-opening, and fun to read! When conventional medicine hasn't entirely provided the answers you're looking for, it may be time to think outside of the box and consider the possibility that nature may have already long since provided remedies for many of the ailments that plague society today. So sit back and enjoy these stories from real people who struggled with real challenges, and the fascinating ways in which they overcame them. ~Leslie Householder, New York Times bestselling author of *The Jackrabbit Factor*

Chapter Titles:

- How Did An MD Husband and Master Herbalist Wife Come To Terms About Medicine? --By Jenni Wilson, NaturalMedicineMom.com
- Back to Basics: Using Natural Tools to Heal Colds and Ear Infection? --By Katie, WellnessMama.com
- Conventional Medicine Left Me Helpless? --By Patty Lacoss-Arnold, LovingOurGuts.com
- Its True! We Lost Fat by Eating MORE Fat! --By Kate Tietje, ModernAlternativeMama.com
- Addressing ADHD with Alternatives? --By Penny Williams, adhdmamma.com
- How We Went From Morbidly Obese to Making Changes That Saved My Husbands Life? --By Brandie Schwartz, eatyourselftolife.com
- From Infertile to A Beautiful Baby Girl: How I Conceived Naturally When My Doctors Told Me I Couldnt? --By Mare Pulido, Holisticmamas.com
- Red Raspberry Tea: A Womans Best Friend? --By Paula J. Miller, WholeIntentions.com
- Proud, Strong, and

Confident: Why I Decided To Go With a Natural Birth ?--By Cara Nitz, YourWorldNatural.blogspot.com?Mama Goes Natural: Plus Bonus Tips & Recipes ?--By Kristy Howard, LittleNaturalCottage.com?From Intimidated to Empowered?--By Jill Winger, ThePrairieHomestead.com?Recipes for Success: Cough Syrup, Lung Formula, Congestion, and Respiratory Sicknesses ?--By Jill York, JillsHomeRemedies.com?Fighting a Fever? Think Again ?--By Sara Shay, YourThrivingFamily.com?Did Someone Just Say LICE? My Tips To Getting Rid of Nits Naturally ?--By Kelly Moeggenborg, KellytheKitchenKop.com?Addressing Crohns Disease by Cutting Carbs? ?--By Vicky, Glutenfreescdandveggie.blogspot.co.uk?Healthy Gut, Healthy Child ?--By Stacy S. Hirsch, ToTheRoot.com?How I Healed My Sons Skin Infection Without Antibiotics ?--By Stephanie Langford, KeeperoftheHome.org?No More Vics, Vapo, Vaccines, and Vegetarianism--How I Trusted My Intuition ?--By Stacy Karen, AdelightfulHome.com?Fat to Fast--How I Changed My Life to Get Off my Couch and Into a 5K in Only 6 Weeks! ?--By Gina Mooney, SlowIsTheNewFast.com?A Mothers Journey to Natural Living ?--By Sara Elizabeth Dunn, AMamasStory.com?Secret Go-To Infection Formula From A Successful, Fashion-Designing Mom?--By Corinne Rickenbach, PersnicketyClothing.com?My Change of Heart that took me from Medical School to a World Expert in Natural Medicine?--By Pina LoGiudice, InnerSourceHealth.com?Saving Bruno: How I Used Natural Remedies to Heal My 4-Legged Baby?--By Laurie Driggers, InspiredHealthandHappiness.com?Taking Health Into My Own Hands: How Acne Brought Me Gratitude ?--By Robin Konie, ThankYourBody.com?Maximize your Living! ?--By Rachel Marie, Day2DayJoys.com??Sometimes one size doesnt fit all and we have to trust our

intuition for what our own body or our family members need. The more we educate ourselves about natural alternatives, the more effectively our intuition can direct us to what will help.

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